My playground goodbye plan

Ages 3-6 with a grown-up | Pencil or crayons | Make a plan before you play.

My name: _____

1 PICK one last thing.

A grown-up offers two choices that are possible today.

Choice A: draw or write.

Choice B: draw or write.

Circle the one you choose together.

2 Draw our FIRST and THEN plan.

FIRST: my last turn

THEN: our next step

3 Say it together.

"First we _____. Then we _____."

Grown-up tip: Keep the next step small and clear. Feelings are welcome.

A free companion to I Don't Want to Go Yet!

See the book on Amazon books.saramgomdog.com/playground/

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A goodbye we can practice

Try it with toys at home. A grown-up reads; your child can point, draw or speak.

LOOK

What is ending? What comes next?

"Playtime is ending. Next, we _____."

PICK

Which last turn will we choose?

"One last _____ or _____?"

GO

What is our first small step?

"You can feel sad. I am here. Let's _____."

Afterward: draw a feeling or a moment you remember.

Ask: "What could we try again next time?"

No perfect goodbye required. This is practice, not a promise of fewer tears.

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